

## Round the Lakes 10k- 24<sup>th</sup> September 2023- Captains Report

Apologies for the delayed report, we wanted to wait for the official DRRL results to be finalised... but what a fantastic Harrier turnout we had at Round the Lakes 10k last Sunday!

The men achieved yet another 4th place for the Dorset Road Race League, and the ladies scored another 3rd place! With both men and ladies maintaining their positions as 5th of 7 teams for the men, and 4th of 7 for the ladies in their respective division 1 tables!

Round the lakes 10k is usually held on boxing day but was brought forward this year to take the place of Hoburne 5. It's a flat fast course and follows much of the Poole parkrun course (albeit it's twice as long obviously!). It was a little windy out there on race day, but we were lucky with the rain holding off and it not being too warm... and we had some fantastic performances!

Littledown men had an impressive turnout of 23 men, with **Thomas Woods** leading the way being first home, and **Mark Packer** next to consolidate his position as top male Littledown Harrier in the league this season. Next in was **Scott Blakeway** with a fantastic new PB... and returning to form was **Rob Jones** sneaking in just under 38 minutes (great to see him back out there again in orange!). 5th man home to complete the scoring for the league was **Christian Rödiger** - not far off his PB, and not too far behind and getting in under that 40 minute barrier was a relatively new Harrier and rapidly improving **Bradley Dawson**. Lots of familiar names and faces throughout the field and remember we all count for the league as our places push competitor clubs scorers further down the field... but most importantly, it's just great to be out there enjoying some friendly competition with like-minded people! Well done everyone!

Full results for the men:

16. Thomas Woods 36:13
26. Mark Packer 37:19
28. Scott Blakeway 37:26
31. Robert Jones 37:59
34. Christian Rodiger 38:10
48. Bradley Dawson 39:44
52. Stephen Williams 39:56
54. John Haines 40:17
56. Anthony Robins 40:37
58. Mark Everett 40:46
65. Luke Dowsett 41:20
66. David Wilson 41:21
80. Greg Wilson 42:22
81. Mark Mulcahy 42:26
84. Jeremy Kelly 42:44
91. Chris Jones 43:36
98. Joseph Hamblion 44:31
125. Martin Hudson 48:18
129. Barry Telling 49:01
147. Neil Ryan 55:08
152. Mike Terry 59:09
167. Chris Lane 1:06:57
167. David Stokes 1:17:13

For the ladies we had a total of ten ladies making up the 'Lake of Orange'! First Female Harrier and in 10<sup>th</sup> overall was **Philippa Shawyer** with another strong performance (43:21), close behind in second home (12<sup>th</sup> place overall) was **Louise Austin** with a speedy (43:45) and in third place was **Maria Everett** (45:06). These ladies' positions counted for the team scores and the ladies took a respectable third place in the race and sitting in 4<sup>th</sup> position in the First Division of the DRRL league.

Fourth home was **Lauren Stocker** (47:09) who started very strong and finished in a great time. **Jelena (Jeli) Davey** came in 5<sup>th</sup> (47:35) notching another strong run for the club championships. Next up in 6<sup>th</sup> was **Katie Collingwood** (54:14) who has now completed enough races to be in the club championships now (well done Katie!). Next home in 7<sup>th</sup> was **Sharon Taylor** (58:46) always representing the Harriers in style! In 8<sup>th</sup> place was **Emma Rawson** (1:00:52), followed closely by **Angie Bond** (1:03:12) and **Alexandra Stevens** (1:03:58). All three ladies were so happy at the end and looked like they really enjoyed the race!

Well done to all the ladies – fabulous racing again and great to see so many ladies in orange!

For full league tables, fixtures and further details of the league check out the website at <http://drri.co.uk/>.

We are low on runners for the next DRRL event this coming weekend, so if you are at a loose end you can still sign up and be part of the fun! It's also a 10k, albeit slightly more hilly (and much much better priced than other local races on the same day!)... **Gold Hill 10k** (8th October) - remember to wear your club vest if you are an affiliated Littledown Harrier so you score for the club!

If you have any questions about being an affiliated runner, please reach out to any of the captain's team.