

Puddletown Plod- Sunday 11th June 2023- Captains Report

A warm, muggy but overcast morning saw 16 Harriers don their orange vests and head west for the Puddletown Plod Half Marathon. It was race number 6 in the Dorset Road Race League (DRRL) and part of our Club Championships so there were points up for grabs! With the temperature already up to 18°C at 9am, it was a very sticky affair!

Well done to the 6 Ladies who raced a tough, hilly course.

First Harrier home was captain **Maria Everett** in 1:38:39 finishing 9th female overall and 2nd F40, followed home by vice-captain **Louise Austin** in 1:40:42. Third home to complete the scoring for the Ladies team was **Julie Cupit** in 2:03:13, a fantastic time given that she was running on tired legs having been walking all week in the Alps! Next home saw **Dily Ruffer** cross the line in 2:26:55, closely followed by **Alexandra Stevens** in 2:27:42 and then **Janet Hooper** in 2:30:07.

A huge well done to all the ladies who took part in this race! 🍌

In the DRRL, the Ladies team finished in a superb 3rd Place in the race which has helped them to climb a place to 4th overall in the First Division, with 6 of the 12 races in the league remaining.

First Division Ladies Teams	BQ	LY	MH	ND	MY	PP	PO	ST	HO	GH	WY	BO	Best	Position
Egdon Heath Harriers	2	1	1	2	2	1								1
Poole Runners	1	2	2	1	1	5								2
Dorchester RIOT	4	3	7	4	7	2								3
Littledown Harriers	7	4	5	3	4	3								4
Poole AC	3	6	4		3	4								5
Lytchett Manor Striders	6	5	3	5	6	6								6
Bournemouth AC	5	7	6	6	5	7								7

Individually in the DRRL, **Maria Everett** maintains her place as the leading Littledown female and is currently sitting in 5th place overall in the League!

For the men, we had 10 runners out representing the club.

First home was the in-form **Mark Packer** in a fantastic PB of 1:22:56- clearly his recent return to club training sessions is paying dividends! Second home was the ever-tactical **John Haines** in 1:27:47 who left just enough in the tank for a quick finish overtaking our third finisher **Luke Dowsett** in the last half mile who finished just 10 seconds behind in 1:27:57. Fourth finisher was **Steve Goodman** in 1:28:46 and then fifth home to complete the scoring for the Men's team was **Mark Everett** in 1:30:01- just narrowly missing out on another sub 1:30! Next home was captain **Steve Williams** in 1:30:48, closely followed by a returning to racing from old club stalwart **Gary Worsley** in 1:31:02- beaming with pride in the team photo!, **Paul Turle** was next home in 1:51:36, **Michael Cunningham** in 2:00:57 and **Guy Burdett** in 3:02:26.

In the DRRL, the Men's team finished 3rd in the race and are currently sat in 5th place overall in the First Division:

First Division Mens Teams	BQ	LY	MH	ND	MY	PP	PO	ST	HO	GH	WY	BO	Best	Position
Egdon Heath Harriers	3	1	1	1	3	1								1
Twemlow TC	2	2	6		1									2
Poole Runners	4	5	2	2	4	2								3
Poole AC	1	4	5	4	2	4								4
Littledown Harriers	5	7	4	3	5	3								5
Lytchett Manor Striders	6	6	3	5	7	5								6
Bournemouth AC	7	3	7		6	6								7

Individually in the DRRL, **John Haines** has taken over as the leading Littledown male, currently sitting in 27th place overall.

Well done to the men who were out in orange 🍌 - and remember every finisher can count towards our club position, as each finisher can push other club's top finishers further down the field.

For the league tables and further details of the league etc. check out the website at <http://drri.co.uk/>.

The next DRRL race is the [Portland 10](#) on 2nd July– also a Club Championship race so there's plenty more points up for grabs! Please be sure to enter as a Harrier and wear your club vest so you count in the league.

If you have any questions regarding the Dorset Road Race League or about being an affiliated runner, please reach out to any of the team captains – Steve, Maria, Mark and Louise.