

Littledown Harriers Award Winners

Harrier of the Quarter (HotQ) (formerly Runner of the Quarter (RotQ))

April 2023-

Jelena Davey- for her involvement with the club, dedication to training, improved times and her superb performance at the recent Kings Park cross country race.

Scott Blakeway- for his overall contribution to the club, leadership of the c25k course, dedication to coaching as well as his own marathon training and recent race performances

December 2022-

Sharon Taylor- for commitment to the club, encouragement of others and becoming a run leader.

Steve Williams- Sub-3 marathon PB, work as Mens captain and organisation of Cross Country.

September 2022-

Dily Ruffer- for race attendance and encouraging others.

Mark Everett- for commitment to the club and regularly leading club sessions.

June 2022-

Louise Austin - for enthusiasm, dedication and race performances

Christian Rödiger - for commitment to training, performances and PBs

Dec 2021-

Scott Blakeway - for organising the 5k parkrun leagues

May 2021-

Steve O'Connell – for organising the 5k leagues through lockdown

Apr-June 2020-

Mike Kibble - for organising fantastic club challenges through Covid 19 lockdown

Anthony Robbins - for organising fantastic club challenges through Covid 19 lockdown

Oct 19 – Mar 2020-

Scott Hawkins – improved running, great race times, support for others

Sara Genco – great running, PBs, support for others, return from injury

July – Sep 2019-

Luke Dowsett – recent race results, work for the Club

Helen Gilbert – return from injury, improvement in running times, PBs

Jan - Mar 2019-

Gary Taylor – Training and encouraging others

Suzanne Janes - Outstanding work for the club. Improved running, PBs

Oct – Dec 2018-

Steve Amey – Incredible improvement, smashing PBs, Support and taxi driver to races!

Brian Greenfield – Improvement, Support, parkrun, PBs, return from injury

Kristina Varley – attendance and commitment, pushing hard on pink sessions

Nikki Whittaker – recent improvement and training. 1st marathon. 10K PBs

July – Sep 2018-

Joe Sherwood - Berlin marathon time, improvement and training

Amanda Hurst – Attendance at club, parkrun PBs and race times

2017/18-

Jacqueline Jenkins - Marathon times and inspiration to others

Craig Palmer - Support for others. Race times including VLM and Bournemouth Half

Greg Hawkins - Running achievement - 52 marathons in 52 weeks

Graham Malt - Running times, PBs, Attendance at club sessions and races

2016/17-

Maria Everett - Improved times
Scott Dutton - Attendance and support for others
Tracy Ashley - Attendance and support for others

2015/16-

Trish Reilly - Turnout at session and races
Simon Davies - Work for club and support for others
Graham Malt - Marathons and attendance

2014/15-

Matt Brown - Marathon times, Improved running
Kevin Dowsett - Running times and support for others

2013/14-

Carmel Ryan - Support and encouragement and running times
Steve Williams - Improved times, Club turnout

Members' Runner of the Year and Bush Foreman Trophy Winners

2022/2023 -

Harrier of the Year - Male – **Mark Everett**/ Female – **Sharon Taylor**

Bush Foreman Trophy – **Luke Dowsett**

2021/2022 -

Bush Foreman Trophy - **Paul Turle**

2018/2019 -

Members' Runner of the Year - Male – **Joe Sherwood** / Female – **Suzanne Janes**

Bush Foreman Trophy – **Suzanne Janes**

2017/2018 -

Members' Runner of the Year - Male - **James Davies** / Female - **Caroline Horder**

Bush Foreman Trophy - **Janet Hooper**

2016/2017 -

Members' Runner of the Year - **Jacqueline Jenkins** - Exceptional running over all distances from parkrun to marathon

Bush Foreman Trophy - **Phil Sparkes** – For his work with the Club Championship

2015/2016 -

Members' Runner of the Year - **Caroline Horder** for her outstanding performances throughout the year. Particular reference was made to her achievements in her age group at the Virgin London Marathon

Bush Foreman Trophy – **Kevin Dowsett** for his contribution not only to the club but to road running within Dorset. Despite being injured and not competing himself, Kev is actively involved in Beginners Coaching, Littledown 5, Littledown Marathon, Parkrun and is a long-standing committee member.

2014/2015 -

Members' Runner of the Year - **Steve Williams** who has been very active within the club as Men's Captain as well as having some exceptional results in his races

Bush Foreman Trophy – **Ken Ballam** for his outstanding contribution to many aspects of the running of the club – UKA membership data, Littledown 5 in addition to all his other roles within South West Veterans

2013/2014 -

Members' Runner of the Year - **Guy Burdett** for overall enthusiasm and improvement

Bush Foreman Trophy – **Peter Hellowell** for his contribution to many aspects of the running club

2012/2013 -

Members' Runner of the Year -

Bush Foreman Trophy – **Steve Shuck**, an ex-chairman, who despite the fact he is unable to run anymore continued to support the club

2011/2012 -

Members' Runner of the Year - **Barry White** for completing 60 marathons

Bush Foreman Trophy – **Barry Telling** for all the good work he has done (and continues to do) for the club