

## North Dorset Village Marathon- Captains Report

Well we are a third of the way through the Dorset Road Race League 2023 and although we couldn't quite pull together full male or female teams for race 4- [North Dorset Village Marathon](#), we still managed our best team results so far in 2023 - 3rd club for both men and ladies!

This moves the men into 5th of 7 in men's division 1, and ladies are up to 4th of 7 in ladies division 1!

In the individuals league, vice captain **Mark Everett** is our lead male Harrier (currently 28th male overall), and **Maria Everett** is our lead female Harrier (currently 5th female overall!).

As for **North Dorset Village Marathon**, we were lucky with favourable marathon running conditions - not much wind, no sun, and some light drizzle.

For the ladies we had captains **Maria Everett** and **Louise Austin** making it their target 2023 marathon representing us (1 short for a full ladies team). **Lou** was an incredible 2nd female overall in 3:29:04 (after having completed the Ooser trail marathon only 2 wks before!), with **Maria** coming in an incredible 5th female overall in a massive PB of 3:37:01 and with both ladies securing their London GFA times with ease! Also running were our 2nd claim members **Heather Khoshnevis** who ran a fantastic 3:47:54 after running London the previous week and Newport the week before and **Caroline Horder** who ran 4:02:09 also having run Newport a couple of weeks before. Excellent running from our ladies!

For the men we had captain **Steve Williams & Steve Amey** fresh off Newport marathon successes 2 weeks prior, turning out for the team, along with vice Captain **Mark Everett** and **John Haines** who had both made it their 2023 target marathon! **Steve W** came home 14th overall in 3:04:13 after going out hard ambitiously chasing another sub-3 after Newport and dying a little in the latter stages; closely followed home by **John** who again showed his skilful race pacing with a evenly paced race and coming 15th overall in 3:05:06 securing a massive PB and a securing a GFA time for London- well done John! Next in was **Mark** in 18th overall who also secured himself a massive PB of 3:10:59 - finding a group of Poole Runners to work with until he pushed on towards the end for a well paced and excellent performance! **Steve A** was next home in 39th with a 3:27:24, a solid performance as always from Steve with a 13 minute course PB and off the back of an overall marathon PB at Newport 2wks before!

We always struggle for a full team at NDVM - so pop **5th May 2024** in your calendars and maybe make it a target race next year! It's always a great event with a free hog roast afterwards!

For league tables, fixtures and further details of the league check out the website at <http://drri.co.uk/>.

The next DRRL race is [The May 5](#) on 21st May, which is also part of the Club Championships- remember to wear your club vest if you are an affiliated Littledown Harrier so you score for the club!

If you have any questions about being an affiliated runner, please reach out to any of the club captain's

Steve, Maria, Mark & Lou

Club Captains & Vice Captains