

Marnhull 12k- 16th April 2023- Captains' Report

The third race of the Dorset Road Race League 2023 took place on Sunday 16th April this being the Marnhull 12k. With it being right in the middle of marathon season and with many club members running Newport, Manchester and the Ooser races on the same day or tapering for London this coming Sunday a select group of 11 Harriers made the trip to North Dorset making sure we had both a full Mens and Ladies team for what was a lovely, rural, undulating race.

For the Men, first home was **Stu Clarke** in 48:16 who was closely followed by **Mark Everett** second home in 49:06 and **Ant Robins** third home in 49:45. Next home was **Joe Hamblion** in 56:17, followed by **Neil Ryan** in 1:11:58 who was running his first race for a very long time to complete the first 5 to score for the Mens team. Next over the line was the ever-present **Mike Terry** in 1:15:20 and then **Michael Chant** in 1:29:49.

Even with a number of the clubs faster runners running elsewhere being able to make a team of 5 gave us an advantage over other clubs unable to field the minimum 5 runners needed for a team and the Men picked up a 4th Place in the league.

For the Littledown ladies, well done to the four ladies who raced. First home for the Harriers was **Maria Everett** in 53:24, then close behind was **Philippa Shawyer** in 55:50, next over the line and the third scorer for the team was **Becky Godden** in 1:03:50, then to complete the ladies finishers **Corinne Spelman** was back in orange and finished in 1:32:03. The Ladies finished 5th overall in the League

The current League standings after the first 3 races are below:

First Division Mens Teams	BQ	LY	MH	ND	MY	PP	PO	ST	HO	GH	WY	BO	Best	Position
Egdon Heath Harriers	3	1	1											1
Twemlow TC	2	2	6											2
Poole AC	1	4	5											3
Poole Runners	4	5	2											4
Littledown Harriers	5	7	4											5
Lytchett Manor Striders	6	6	3											6
Bournemouth AC	7	3	7											7

First Division Ladies Teams	BQ	LY	MH	ND	MY	PP	PO	ST	HO	GH	WY	BO	Best	Position
Egdon Heath Harriers	2	1	1											1
Poole Runners	1	2	2											2
Dorchester RIOT	4	3	7											3
Poole AC	3	6	4											4
Lytchett Manor Striders	6	5	3											5
Littledown Harriers	7	4	5											6
Bournemouth AC	5	7	6											7

You can find further details of the league etc. on the website at <http://drll.co.uk/>.

The next race in the DRRL is the **North Dorset Village Marathon** on 30th April where we are hoping to have both a Mens and Ladies team. There are still entries available if anyone would like to run!

If you have any questions about the Dorset Road Race League, please reach out to any of the Captains – Steve, Maria, Mark and Louise