Broadstone Quarter- 1st Jan 2023- Captains Report

The Dorset Road Race League for 2023 got underway on 1st January with the traditional start to the year at Broadstone Quarter Marathon (which also doubled as our first Club Championship race!) - and a hardy group of 28 Harriers got out there representing the club and starting the new year in style.

For the men, Tom Cawley successfully defended his first place Harrier finish from last year and was first home in 41:22. Scott Blakeway was not far behind, continuing his recent strong form with a 41:38 for second Harrier. Steve Williams came in next in a 42:08, after just about managing to shake off man of the moment Stuart Clarke (who went off like an absolute freight train at the start to continue his upward trajectory in race performances!) finishing a solid 4th Harrier in 42:32. Next home, and not far behind, was Luke Dowsett (who I hear also ran 6miles to get to the race!) for the final league scoring position of 5th with a 42:46. Recent new member to the club John Haines was next in, and not far behind with a solid 43:08. Mark Everett was next in 44:21; Steve Goodman 44:27; David Wilson (still recovering after a bout of COVID over Christmas) 44:34; Rich Shirley 45:16; Simon Thatcher 46:26; Jez Kelly 46:51; Mark Mulcahy 48:02; Patrick Bailey (who looked like he'd clearly enjoyed himself so much after he crossed the line!) 48:09; Andy Isaac 49:08; Jono Woods 51:30; Richard Mansell 51:49; Kevin Cawley 52:49; Joseph Hamblion 54:08; Chris Lane 1:03:21; Charles Penfold 1:07:06; David Stokes 1:20:24; and Guy Burdett 1:24:42. An excellent turnout and great to see so many men out there in orange 👏 🗢 - and remember every finisher can count towards our club position, as each finisher can push other clubs top finishers further down the field.

For the Littledown ladies, well done to the six ladies who raced. First home for the Harriers was **Maria Everett** in 49:04, then close behind was **Louise Austin** 50:07, next over the line was **Mary Corrigan** 1:01:54, then making an excellent racing debut for Littledown Harriers was **Deniz Balci** 1:02:57, next in was **Alexandra Stevens** 1:08:49, then **Becky Sinkinson** 1:09:18.

Great effort from all the ladies who turned up on New Year's Day. It would be great to see more ladies at future DRRL/Club Championship races! We need you! ☺

For league tables and details of the league etc. check out the website at http://drrl.co.uk/.

Next race is the <u>Lytchett 10</u> mile on 12th February - looking forward to seeing lots of orange vests there! Please be sure to enter as a Harrier and wear your club vest so you count in the league.

If you have any questions about being an affiliated runner, please reach out to any of the team captains – Steve, Maria, Mark and Louise