

Male - Harrier of the Year 2018 -19 *

1st - Joe Sherwood (Improvement and attendance)

2nd - Gary Taylor

3rd - Luke Dowsett

Also receiving votes:

Gary Barnes, Neil Blackmore, Guy Burdett, Scott Dutton, Mark Everett, Darren Homes, Andrew Isaac, Chris Jones, Mike Kibble, Mike Neal, Ken Parradine, Richard Smith, Phil Sparkes, Laurence Stevenson, Paul Turle, Charlie Wall, Steve Williams, Dave Wilson and Gary Worsley

Female - Harrier of the Year 2018-19 *

1st - Suzanne Janes (Marathon, improvements and work for club)

2nd - Louise Goddard (Austin)

3rd - Rachel Smith-Harrison

Also receiving votes:

Julie Beatens, Mary Cusens, Jelena Davey, Mo Eccelston, Maria Everett, Kathy Fooks, Helen Gilbert, Caroline Horder, Heather Khoshnevis, Jacqueline Jenkins, Cheryl O'Sullivan, Dily Ruffer, Sam Smith, Heidi Snook, Alexandra Stevens

*Awards presented at AGM 2019

Runner of the Quarter winners over last 12 months

All were also shortlisted for Harrier of the Year award 2018-19

Jan - Mar 2019

Gary Taylor – Training and encouraging others

Suzanne Janes - Outstanding work for the club. Improved running, PBs

Oct - Dec 2018

Steve Amey – Incredible improvement, smashing PBs, Support and taxi driver!

Brian Greenfield – Improvement, Support, parkrun, PBs, return from injury

Kristina Varley – attendance and commitment, pushing hard on pink sessions

Nikki Whittaker – recent improvement and training. 1st marathon. 10K PBs

July - Sep 2018

Joe Sherwood - Berlin marathon time, improvement and training

Amanda Hurst - Attendance at club, parkrun PBs and race times