

Ladies Race Report – February 2019

Welcome back Ladies, here we are for our 2nd Race Report of the year. With an absence of a year since our reports, I am noticing so many new names!

We are definitely growing in numbers and strength. Well done to all the ladies that were at the Lytchett 10, 24 of us, and all have done extremely well. After the first DRRL race in January we stood in 7th position in Division 1 (the bottom to be precise!) but after coming 3rd team in Lytchett, we have now risen to 4th place, what a great jump.....competition is real tough out there, but so are we...so lets see how much further we can get. Below is listed the results from Lytchett. Well done to everybody there.

01:15:01	Everett	Maria
01:16:36	Gilbert	Helen
01:17:42	Copage	Elina
01:17:54	Fooks	Kathy
01:18:53	Khoshnevis	Heather
01:19:02	Ashley	Tracy
01:19:04	Varley	Kristina
01:19:33	Froggatt	Becky
01:21:14	Janes	Suzanne
01:21:22	Hendes	Louise
01:25:15	Lander	Tracey
01:28:15	Whittaker	Nicola
01:33:22	Menon	Kalyani
01:34:29	Corrigan	Mary
01:34:55	Collins	Sonja
01:35:36	Jenkins	Sam
01:36:11	Searle	Caroline
01:38:15	Ruffer	Dilly
01:38:54	Elliott	Susie
01:42:28	Rawson	Emma
01:42:39	Micheletto	Elena
01:43:20	Bennett	Maxine
01:45:14	Whittaker	Anne
01:48:07	Spreadbury	Amy

Right.....now we have all conquered Race no. 3 for the DRRL and race no.2 for our own club Championships, and again, another fine set of results as shown below. We came 4th team on the day, which has held us at 4th place overall. This is an extremely good place to be, as the 3 teams above us are equally amazing. Ladies running teams are definitely a force to be

reckoned with these days, but I feel we do have some very strong ladies and ever growing numbers, so with numbers, comes strength, so lets give them all a run for their money this year again and keep entering all these DRRL races and do our very best. Below are the Bournemouth 10 results, another great turnout with great performances from us all.

Maria Everett 01:13:04
Helen Gilbert 01:15:02
Suzanne Janes 01:15:08
Louise Austin 01:15:07
Kathy Fooks 01:15:53
Elina Copage 01:15:57
Philippa May 01:18:21
Tracy Ashley 01:18:49
Heather Khoshnevis 01:21:08
Jodie Sloane 01:22:56
Anne Claude Roche 01:24:07
Mohini Eccleston 01:24:50
Samantha Pain 01:25:36
Heather Ratcliffe 01:26:49
Katie Collingwood 01:26:54
Jacqueline Jenkins 01:30:47 Brilliant as usual 1st F70
Caroline Searle 01:31:52
Sam Jenkins 01:34:17
Tracey Lander 01:34:24
Cheryl OSullivan 01:34:45
Dily Ruffer 01:36:20
Susie Elliott 01:37:46
Elena Hall 01:40:11
Maxine Bennett 01:40:43
Anne Whittaker 01:41:53
Amy Spreadbury 01:44:45
Carmel Knight 01:44:52
Louise Henels 01:45:49
Sarah Riley 01:45:48
Mary Cusens 01:47:59
Alexandra Stevens 01:48:04
Samantha Smith 01:48:41

WOW.....32 Ladies....where have you all come from!!! The next DRRL is the North Dorset Village Marathon on the 5th May and this is always a good one to get some good league points as marathon running is not for everyone, but it is for us....come on all you marathon ladies, lets do this one on our doorstep and climb that DRRL ladder. The next Club Championship race is the Larmer 10 which is also part of the Imperial 10 series. I understand this is now full but there are one or two places floating around on Facebook if you wish to seek these out. Please check out our website for all the future DRRL and club races to get involved and entered as soon as possible to avoid the disappointment of the race selling out.

Just a mention of another race which has been brought to my attention this month....

Wokingham Half Marathon

Caroline Horder 1.39 1st F60

I know a few of you mentioned that you were doing the Hope Rising Hospice 10k this month but I have been unable to find the results at the moment, so if anyone can email them to me, then I can mention it on the next report.

Time to sign off for February. Any errors of names or times can be emailed to me, hebykhosh@live.co.uk, or once again, anything else you wish mentioned. Well done everyone for a very successful fun packed month, and see you all soon.

Capt. Hev x