



Littledown Harriers Awards Nominations guidance

Harrier of the Quarter - HoTQ

Any current member can nominate another member for HoTQ.

One nomination per member.

The same member can be nominated more than once over the year.

Nominations can be made in recognition of a range of achievements, such as but not limited to the following;

- Work done for the club - coaching/support assistance to others
- Runners coming back from injury, overcoming adversity
- Improved running times
- Club attendance
- Specific incident or achievement

Runner of the Year - ROTY

Nominations

Any current member can nominate another member for ROTY.

One nomination per member.

Nominations can be made in recognition of a range of achievements, such as but not limited to the following;

- Attendance over the year at club sessions or at races
- Continued improvement over the year
- Return from injury, adversity
- Assistance or support for others
- Any incident or event where someone feels another runner deserves recognition
- ROTQ previous twelve months' winners will also be included on ballot to be awarded ROTY

Voting

Successfully nominated members will be placed on a ballot to be voted on at the AGM (or via email prior to the meeting for those who cannot attend.) Each member has one vote.

Bush Forman Trophy

Committee and coaches vote for the person who has done the most for the club over the last 12 months.