

DORSET ROAD RACE LEAGUE RULES

(Suggested Revision January 2019)

1. The season shall run from 1st January to 31st December and will consist of twelve races of varying distances spread throughout the year
2. The following competitions shall be included:
 - a. First two Division 1 Male teams (5 to score) and the first two Division 2 Male teams (4 to score).
 - b. First two Division 1 and 2 Female teams (3 to score).
 - c. First three Individual Males and Females.
 - d. First Male and Female (15 – 17), (18 – 20), (21 – 24) and in each five year age group thereafter (25 – 29, 30 – 34, etc.)
 - e. First Male and Female in each participating Club.
 - f. All runners completing all twelve League races (Fidelity Award).
3. Each Club that participates in the League shall be affiliated to UK Athletics and Dorset County Athletics and pay an annual membership fee. Eligibility to compete in the League will be limited to UKA Rules for competition. Clubs should note Rule 240 S3 (3) “Every scoring runner in an open team race must be a first claim member of the Club that he / she is entered to represent.”
4.
 - a. Division 1 will consist of seven teams. All other teams will be in Division 2.
 - b. At the end of the year, the seventh team from Division 1 will be relegated to Division 2 and the first team in Division 2 will be promoted to Division 1.
5.
 - a. All scoring will be based on the position within each race of runners from competing League Clubs.
 - b. A runner who changes between Dorset League Clubs as at Rule 6 below may continue to count in League competitions as an Individual to complete the remaining League races for the Calendar Year. All previous results will stand, as will scores attributed to the Club from which the runner has transferred.
 - c. Should there be equal team scores in a race, the tie will be broken by the higher position of the last scoring runner. This is the familiar ‘count back’ system from Cross Country.
6. A runner who changes Clubs in accordance with the UKA Rule 21 (8) will not be eligible to compete for their new Club until the following 1st January, if they have competed for a League Club in the current year. They may do so from 1st January within the waiting period provided both Clubs agree and proof is given to the DRRL committee of this agreement.
7. For both Individual and team competitions, the best seven results will score towards the League placings. For the (15 – 17) Individuals, the best three of the four designated races will count and for the (18 – 20) Individuals, the best six of eleven where the extra race is more than 15 miles.

8.
 - a. All younger runners must comply with the age requirements for race distances in accordance with UKA Rule 141 S3 (3).
 - b. Runners are eligible for the (15 – 17) competition from their 15th birthday until 31st December following their 17th birthday, after which the age group is determined by the enquiry, “Which birthday this year?”
 - c. For the purposes of the League, all competitors are considered to have birthdays on 1st January except 15 year olds.
 - d. Runners who do not wish to disclose their age are ineligible for the age group competition.

9.
 - a. In the event of level scores in counting the seven best League races, the winner will be decided by a ‘count forward’ of the scoring events i.e. number of firsts, then seconds etc. If the points are still equal, the result shall be deemed a tie and the competitors / teams given equal prizes.
 - b. A race in which no Club members of a team competed shall be deemed to have scored maximum points for that team i.e. the number of Clubs competing in that league.

10. League rules can only be changed if amendments are listed as an agenda item and are agreed by a simple majority of Clubs competing in the league. The Chairman shall have a casting vote if necessary.

P. Clarke

7/1/2019