

Runners of the Quarter (RotQ)

2018/19 WINNERS –

Joseph Sherwood - First in age category at first marathon (Berlin) improvement and training

Amanda Hurst - attendance at club, parkrun PBs and race times

All nominations for RotQ for July-September 2018-

MALE - Name	Nominations
Joseph Sherwood	1st marathon - Berlin 3.09hrs 1st in age category Improvement and Training
Anthony Robbins	Improved running times
Steve Amey	Running and support for others
Mark Everett	Coaching and support for others
Brian Greenfield	Return from injury and recent parkrun times
FEMALE - Name	Nominations
Caroline Horder	Marathon time - Berlin Age category winner
Suzanne Janes	Work for club, support for others
Tara Korver	Return from injury
Heidi Snook	Support for others
Alice Marshall	First marathon and return from injury
Nikki Whittaker	Improved times and club attendance
Rachel Smith-Harrison	Improved times and coaching/support
Amanda Hurst	Attendance at club, parkrun PBs and race times

2017/18-

Jacqueline Jenkins - Marathon times and inspiration to others

Craig Palmer - Support for others. Race times including VLM and Bournemouth Half

Greg Hawkins - Running achievement - 52 marathons in 52 weeks

Graham Malt - Running times, PBs, Attendance at club sessions and races

2016/17 -

Maria Everett - Improved times

Scott Dutton - Attendance and support for others

Tracy Ashley - Attendance and support for others

2015/16 -

Trish Reilly - Turnout at session and races

Simon Davies - Work for club and support for others

Graham Malt - Marathons and attendance

2014/15 -

Matt Brown - Marathon times, Improved running

Kevin Dowsett - Running times and support for others

2013/14 -

Carmel Ryan - Support and encouragement and running times

Steve Williams - Improved times, Club turnout

Members' Runner of the Year and Bush/Forman Trophy Winners

2018/2019 –

To be presented at the AGM in June 2019

2017/2018 -

Members' Runner of the Year - Male - **James Davies** / Female - **Caroline Horder**

Bush/Forman Trophy - **Janet Hooper**

2016/2017 -

Members' Runner of the Year - **Jacqueline Jenkins** - Exceptional running over all distances from parkrun to marathon

Bush/Forman Trophy - **Phil Sparkes** – For his work with the Club Championship

2015/2016 -

Members' Runner of the Year - **Caroline Horder** for her outstanding performances throughout the year. Particular reference was made to her achievements in her age group at the Virgin London Marathon

Bush Forman Trophy – **Kevin Dowsett** for his contribution not only to the club but to road running within Dorset. Despite being injured and not competing himself, Kev is actively involved in Beginners Coaching, Littledown 5, Littledown Marathon, Parkrun and is a long-standing committee member.

2014/2015 -

Members' Runner of the Year - **Steve Williams** who has been very active within the club as Men's Captain as well as having some exceptional results in his races

Bush Forman Trophy – **Ken Ballam** for his outstanding contribution to many aspects of the running of the club – UKA membership data, Littledown 5 in addition to all his other roles within South West Veterans

2013/2014 -

Members' Runner of the Year - **Guy Burdett** for overall enthusiasm and improvement

Bush Forman Trophy – **Peter Hellawell** for his contribution to many aspects of the running club

2012/2013 -

Members' Runner of the Year - ???

Bush Forman Trophy – **Steve Shuck**, an ex-chairman, who despite the fact he is unable to run anymore continued to support the club

2011/2012 -

Members' Runner of the Year - **Barry White** for completing 60 marathons

Bush Forman Trophy – **Barry Telling** for all the good work he has done (and continues to do) for the club