

24 July 2010 (Saturday) WAYFARERS RELAYS

...plus disco, camping and Sunday morning run. This is fast approaching and is the start of our week of 20th anniversary celebrations so it'd be great to get lots of runners / family / friends along. It's a low-key fun event and very much a social weekend for Dorset running clubs!

Location: Wayfarer's cricket club just outside Ferndown.

Time: Relays start at 3pm

Barbecues and silly games: from 5:30pm

Bar opens: as soon as the relays finish!

Disco: from 9pm



Bring your running shoes, barbecues, tents, dancing shoes ... & your families and friends along (children very welcome). The more the merrier!

Here's the info on the running bit: - Distance is just less than 3 miles on flat off-road country tracks
- Men's and mixed teams are 6 runners, ladies teams 4 runners. We need to make a list of runners and sort out teams. We usually organise mixed ability teams to make it a friendly intra-club competition. Speak to Tracey or Littledown organiser on club night

Tracey L