

	Last Name	First Name	Cat	Lytchett Manor 10m	Mad March Pukka 20m	Rotary ¼ marathon	Purbeck 10k	Poole 10k	Sturminster Newton HM	The Beast	Boscombe 5k time trials	The Stickler	Wimborne 10m	Christchurch 10k	Marathon	Total best 6 to count	AWARD
				15 Feb	01 Mar	11 Apr	13 May	07 Jun	02 Aug	06 Sep	Oct/Nov/Dec	25 Oct	15 Nov	13 Dec			
1	Khoshnevis	Heather	F45+	50	49	50	50		50	48	50		49	50	50	300	1st
2	Deane	Hayley	F	49	48	48			49	49	47		48		48	291	2nd
2	Fooks	Kathy	F50+						47	50	49	50	47	48	47	291	3rd
4	Sandell	Nikki	F		47	47	49	48	46	47	48		42	47	46	286	1st F
5	Hole	Sarah	F40+	48			46	47	45	43	46	49	46	49		285	1st F40+
6	Pain	Samantha	F40+	47				45	44	45	43				42	266	
7	Ryan	Carmel	F40+	43	43		41	42	43		39	48	37		38	260	
8	Leonard	Vanessa	F50+	45	44	44	44		41	39			35		37	257	1st F50+
9	Lynch	Madeline	F40+	42	42	45	43	43		38	41		32		36	256	
10	Hooper	Janet	F55+			43		41	42	40	38		34	42		246	1st F55+

**DID NOT COMPLETE 6 RACES**

11	Buckland	Hazel	F				47	46					43	46		182	
12	Bishop	Vicky	F45+				48	49					50			147	
13	Woods	Pauline	F45+							46			45		40	131	
14	Cornish	Jenny	F60+	44			42	44								130	
15	Quible	Lucinda	F							44	44		41			129	
16	McDermott	Emer	F		46								40		43	129	
17	Jordan	Lisa	F40+							41			36	44		121	
18	Goldsmith	Jacqueline	F40+			49		50								99	
19	Freeman	Claire	F40+						48						44	92	
20	Adams	Mandy	F40+								45		44			89	
21	Roberts	Pauline	F	46											39	85	
21	Gallimore	Helen	F			42								43		85	
23	Fooks	Serena	F										39	45		84	
24	Chapman	Janie	F40+		50											50	
25	Dymond	Penny	F												49	49	
26	White	Pauline	F45+			46										46	
27	Ellison	Georgette	F												45	45	
27	Tanner	Karen	F		45											45	
27	Spicer	Lisa	F				45									45	
30	Newton	Sally	F45+							42						42	
30	Massie	Julie	F40+								42					42	
32	Edwards	Linda	F45+												41	41	
32	Dilnot	Serena	F55+			41										41	
34	Ngugi	Sarah	F								40					40	
35	Lucas	Fiona	F40+										38			38	
36	Dagleish	Nicki	F										33			33	

Littledown Runners

9 9 10 10 10 10 13 13 3 19 9 15